

Stalin's Biography: For Serious Readers Only

Diving into an 850-page biography of one of the most monstrous and powerful men who ever lived is not something one does lightly. So it was with some hesitation that I opened the pages of Simon Sebag Montefiore's acclaimed *Stalin: The Court of the Red Tsar* (2003).

Montefiore begins the biography on a night in November 1932 in which Stalin and all the leading Bolsheviks and their wives were having an intimate holiday party. Up to this point, despite the mass carnage they had wreaked on Russia and the peasant class, the political elite lived a charmed life together, a so-called "golden age", strolling around the Kremlin relaxedly with their kids, and taking vacations to the same Black Sea resorts. All of this would come to an end on this particular night in which Stalin's beloved second wife, Nadya, returned home alone after a public row and killed herself. Thirty-one years old to Stalin's fifty-three and mother to Vasily and Svetlana, she had been his secretary since before the Revolution and, like many of the Bolshevik women, a historically important character in her own right. In a gripping novelistic account, Montefiore shows how this most mysterious and tragic event of Stalin's personal life began the downward spiral towards the Great Terror of the Thirties.

As a student of history, political philosophy, and literature, I have long been interested in the phenomenon of the dictator—the set of conditions that facilitates his rise to power, the ways he remakes a government and state in his image, and the ways he is portrayed and resisted by writers and artists (the topic of my essay [The Dictator Novel in the Age of Trump](#)). Stalin, more than any merely regional potentate like Rafael Trujillo or Mobutu Sese Seko, was basically the Dictator to whom all dictators bow down in (dis)respect; the

cannibalistic Cronos who ate all his own children; the monster who out-monstered even Hitler. The fact that Hitler is (rightfully) our universal archetype of monstrously inhuman dictator rather than Stalin is mostly because of the not insignificant detail that we were allied with the latter in the world's biggest war. Regarding Hitler, the title of world's worst human and author of the most heinous genocide has not stopped him from still being read and worshipped by neo-Nazis in America in 2017 (including the current [American president](#)). Regarding Stalin, even his image as an ambiguous but not-all-bad tyrant is being rehabilitated by the current Russian government. Vladimir Putin, himself an illiberal second-rate dictator and master of false equivalence, [has stated](#) that "there is no difference between Stalin and Oliver Cromwell". Whatever that means. Someone named Marx once said that history repeats itself first as tragedy, then as farce. Stalin and Hitler formed a secret alliance that led to WWII; Putin and Trump are now allies. Draw your own conclusions.

The importance of reading true history and biography is that it allows us to work out complex series of causes and effects, and to make sense our own world and how it got to be this way. But also because that old cliché about [history repeating itself](#) really is true in a certain fundamental way—this is because the ways in which humans wield political power is fairly limited and predictable, and also because most ideologies human have created share many commonalities. If we want to examine 20th century authoritarian ideologies, for example, we can quite easily find a set of overlapping traits between Fascism, Nazism, Falangism, Marxism-Leninism, Stalinism, and Maoism. They all believed that the ends justify the means, that individual lives are meaningless, that violence is necessary or even good, and that the Leader is indistinguishable from the State. Resistance to existing dictatorships requires no knowledge of the leader's biography; resistance to future potential dictatorships, on the other hand, does. While I have no interest at all in reading about

Hitler (Don DeLillo's [White Noise](#) was enough), reading Stalin's biography has been slightly disturbing but also very insightful.

Montefiore is quick to dispel the common myth, first propagated by Trotsky, that Stalin was a "colorless bureaucratic mediocrity" but was in fact "exceptional in every way". Early on, he gives a powerful summary of Stalin's character:

"The man inside was a super-intelligent and gifted politician for whom his own historic role was paramount, a nervy intellectual who manically read history and literature, and a fidgety hypochondriac suffering from chronic tonsillitis, psoriasis, rheumatic aches from his deformed arm and the iciness of his Siberian exile. Garrulous, sociable and a fine singer, this lonely and unhappy man ruined every love relationship and friendship in his life by sacrificing happiness to political necessity and cannibalistic paranoia. Damaged by his childhood and abnormally cold in temperament, he tried to be a loving father and husband yet poisoned every emotional well, this nostalgic lover of roses and mimosas who believed the solution to every human problem was death, and who was obsessed with executions. This atheist owed everything to priests and saw the world in terms of sin and repentance, yet he was a "convinced Marxist fanatic from his youth." His fanaticism was "semi-Islamic," his Messianic egotism boundless. He assumed the imperial mission of the Russians yet remained very much a Georgian, bringing the vendettas of his forefathers northwards to Muscovy."

Montefiore avoids the familiar territory of the Russian Revolution and Soviet foreign policy in order to focus almost exclusively on how Stalin interacted with the small inner circle of Bolshevik leaders to wield power and dominate the Soviet Union from Lenin's death in 1924 until his own in 1953. Using previously unreleased archival documents and correspondence, Montefiore paints a vivid picture of this

unique group of revolutionaries who remained a close-knit family for the first decade and a half after the Revolution: "They were surrounded by the other Bolshevik magnates, all hardened by years in the underground, blood-spattered by their exploits in the Civil War, and now exultant if battered by the industrial triumphs and rural struggles of the Stalin Revolution. Some, like Stalin, were in their fifties. But most were strapping, energetic fanatics in their late thirties, some of the most dynamic administrators the world has ever seen, capable of building towns and factories against all odds, but also of slaughtering their enemies and waging war on their own peasants."

Despite my having no credentials in psychiatry, it did not take me long to recognize Stalin as a clinical psychopath, rather than the madman he is often dismissed as. Montefiore writes: "He was emotionally stunted and lacked empathy yet his antennae were supersensitive." He was also an extremely charming and even lovable person to everyone around him, and this was his best tool of manipulation. "The foundation of Stalin's power in the Party was not fear: it was charm. Stalin possessed the dominant will among his magnates, but they also found his policies generally congenial... While incapable of true empathy on the one hand, he was a master of friendships on the other. He constantly lost his temper, but when he set his mind to charming a man, he was irresistible."

I usually skip past the first pages of a book which contain laudatory blurbs from journals and reviews, but in this case I found myself reading with great interest the several dozens of such examples. The cognitive dissonance between how an excellent book about a horrible person was expressed, and the contradictory language used for such a delicate purpose led to typically awkward phrases like this: "A wonderful, well-written, extensively researched portrait of a terrifying, inhuman madman." Some of the reviews seemed to blur the lines to a slightly disturbing extent between the superlative skill

of the biographer and the superlative monstrosity of the protagonist. Some examples of this include the words "hero", "humanizing effect", and "black humor"; one even spoke of how Labour and Tory ministers should read it for tips on "how to become an efficient fighting machine", whatever that means (presumably start murdering your enemies and allies alike on industrial scale). One brief review by notable war criminal Henry Kissinger jumped out due to the sheer arrogance of this would-be universal expert: "I did not think I could learn anything new about Stalin but I was wrong. A stunning performance."

It's not always easy to continue reading such a book, heavy with chapter after chapter of paranoia, manipulation, and the vicious blood baths inflicted by Stalin and all his equally monstrous lieutenants. It is only Montefiore's telling of this important story that really draws in the reader and makes it impossible to quit. Neither the man nor the ideology find any semblance of redemption here, but it does help to account for the lengths to which humans can go (or the depths to which they will sink) in furtherance to their ideology. Bolshevism, as much a religion as a political system, maintained that a classless utopia was possible if only the old capitalist corruption were destroyed. One of the most useful facts we can understand by reading history is that there is no utopia that will ever be free of human corruption, and that power should never be concentrated into individual hands. Montefiore comments that: "It is hard to find a better synthesis between a man and a movement than the ideal marriage between Stalin and Bolshevism: he was a mirror of its virtues and faults." Now we must continue to be on guard against the next would-be dictators of our own age, the type of charming psychopath who values power over others as the ultimate goal and would subsume entire continents to achieve it.