

# New Review from Larry Abbott: Lauren Kay Johnson's "The Fine Art of Camouflage"



Camouflage can exist on a number of levels. There is the basic military definition of disguising personnel, equipment, and installations to make them "invisible" to the enemy. There is the idea of blending into one's surroundings to be unobserved, hiding in plain sight. There is the connotation of pretending, concealing, falsifying. One could add that there is also self-camouflage, where one pretends or conceals or falsifies to others and even the self. These latter connotations are more relevant to Lauren Johnson's *The Fine Art of Camouflage*. Indeed, her epigraph is a quote from Bryce Courtenay's *The Power of One*: "'I had become an expert at camouflage. My precocity allowed me, chameleonlike, to be to each what they required me to be.'" The book follows the familiar three-part pattern of going to war, being in country, and coming back home. The twenty-five chapters in five major sections, utilizing copious flashbacks, interweave all three phases of her military experience, along with the gradual peeling away of self-camouflage leading to a more truthful vision of self and others.

Lauren Johnson comes from a line of familial military service. Her grandfather, his two brothers, her mother's father-in-law, and her mother, all served. When Johnson was seven, her mother deployed to Riyadh in December of 1990 as a reservist Army nurse in the first Gulf War. These months were a time of uncertainty and stress for the young Lauren. She feels emotionally disconnected and, of course, worried about her

mother's safety. However, when her mother returns in March of 1991 "the world was whole again." It seems as if everything has returned to normal: "Then, gradually, the Army faded into the background again, one weekend a month, two weeks a year. The blip, Desert Storm, followed us all like a shadow, not unpleasant, but always there." Her mother would give Veterans' Day talks at local schools, and Johnson felt immense pride about her heroic mom. However, what Johnson did not recognize at the time was her mother's struggle to re-integrate into "normal life," the camouflage her mother wore psychologically upon her return: "She didn't discuss her terror at nightly air raids, or her aching loneliness, or her doubts about her ability to handle combat. I didn't know she carried trauma with her every day, . . . I didn't understand her earnestness when we made a family pact that no one else would join the military, because one deployment was enough." Later in the book, her realization of her mother's war experiences comes again to the fore: "I saw the infallible hero that I wanted to see. I saw what I was allowed to see; because we needed her, and because she knew no other good option, Mom spent twenty years swallowing her trauma."

Eleven years after her mother's return, during Johnson's senior year in high school, that pact is nullified by 9/11. Upon hearing news reports that day she writes that "Something inside me awakened" and she feels "a latent patriotism, the subconscious pull to serve, like my grandfathers had before me, and to emulate my hero, my mom." She takes and passes a ROTC exam and eventually signs a contract to become a cadet during her four years in college. After graduating as an Air Force 2<sup>nd</sup> lieutenant she has a month-long post to Mali. Finally, in 2009, after three months of training, she deploys for a nine-month tour to Afghanistan. She is optimistic about the Provincial Reconstruction Team (PRT) objectives, working with locals and actually helping people. At the same time, she is torn, because going to Afghanistan "felt like a betrayal . . . because part of me . . . wanted nothing more than to be a

good daughter.” The theme of split emotions is one of the major motifs in the book and reflects the idea of camouflage, putting a positive spin on a less than ideal situation. In one email to her family she raved about her living conditions at FOB Gardez in Paktia Province, but she also admits to herself that “Other details, like the knot corkscrewed around my stomach and the choke hold of fear on my mind, I left unsaid.” Similarly, she also fears that, despite outward appearances and newly-minted rank, she would not measure up: “I was afraid I wouldn’t be good at taking or giving orders, that I would fail, somehow, as a military officer, and in doing so I would betray my family history.”

The book actually begins in May of 2009 while Johnson is undergoing three months of training at Camp Atterbury in Indiana to prepare for deployment to Gardez. She is an Air Force public affairs officer, a self-described “desk job chick,” now armed with an M9 and M4. As a member of a PRT headed for Paktia she is not expecting combat, but the team has to be prepared for any eventuality. In this particular exercise she has to clear a village. The exercise ends on a mixed note: as she charges into a plywood room a “bomb” of pink paint explodes and covers her, leading to her new nickname, Combat Barbie. Even though there is laughter and a hint of humiliation in this result, at the same time the incident was a catalyst, giving her a sense of accomplishment: “When I charged into the room, I looked professional and confident, like I belonged. And for once since arriving in Indiana, I didn’t feel out of place. I didn’t feel like a displaced Air Force desk officer, or a city girl, or even a woman. I felt like a soldier.” Her feelings of achievement and optimism in pre-deployment training will gradually give way to doubts about her role and what exactly the mission in Afghanistan is all about.

For example, she writes an op-ed and a commentary about the August 2009 Afghanistan elections (“I commended the success of

the Afghan security forces and the bravery of the voters"). In the back of her mind she seems to recognize that there was a discrepancy between the successful appearance of the elections as presented in her articles and the reality of what actually occurred: fraud, violence, desertion by the Afghan security forces. Her generally rosy view was countered by Thomas Ruttig, an observer for the independent Afghan Analysts Network. In his response he calls her articles "plain propaganda." She writes that in September of 2009 she disagreed with his assessment but, she adds, "In April 2010, I agreed." This is the start of her questions about her role in the mission to "win hearts and minds."

Another incident illustrating the dissonance between "good news" and reality involves an elderly detainee who is being compassionately released and sent home. She looks forward to interviewing the man, with coalition forces radio DJs, because he could be "an ally in our information war." He could speak to local citizens about the merciful Americans and tell how thankful he was for his release. However, the man is not the terrorist she expected but an old man who did not know why he was originally detained. She admits: "And all I felt was pity." The interview turns into a disaster and the public affairs team has to edit out awkward details from the interview. Johnson later writes a blog post which puts a positive spin on the incident by writing that the "detainee spoke kindly of his treatment," adding "that his eyes 'were also thankful,'" but admits that "I don't know if it was a conscious lie. . . . Mostly, though, I simply wanted that line to be true. . . . More importantly, I needed the line to be true for myself."

In October 2009, around the time of her 26<sup>th</sup> birthday, she helps prepare for a visit by the American ambassador (who never shows) by diverting resources and personnel to give the appearance of safety and progress ("For the ambassador, we flipped the notion on its head: our security mission was to

create an illusion"). In addition, there was a communications failure in attempting to develop a media training session for government officials. She takes the brunt of the attacks on this failure. Gradually, as the negative incidents, blaming, and finger-pointing cascade she concludes that her duties were becoming more and more meaningless at best, counterproductive at worst, "the claims [the PR team were making] were starting to feel exaggerated, the efforts sleazy." The title of chapter 14 succinctly represents her outlook on "the mission": "F\*#K."

Part Four/chapter 16 opens in spring 2013 after she is well out of Afghanistan. But as she watches *Zero Dark Thirty* with a friend she flashes back to December 2009, the deaths of CIA agents at Camp Chapman, which puts a chill of paranoia, loss of trust toward Afghans, and anger on Gardez. In January, 2010 threats escalated, including a possible suicide bomber at Gardez and mounting civilian casualties. She tells, in an extended sequence in chapter 18, "The Fog of War," of a joint U.S. and Afghan raid to capture a suspected insurgent. Unfortunately, three civilian women, one pregnant, were killed, and initial reports blame the Taliban for the deaths. However, as the story unfolds, certainty turns into ambiguity. As the possibility arises that American troops were culpable, she has to produce euphemistic reports: "I hated the way the words tasted coming out of my mouth, and how easily they came, even when I fought against them. I hated that there was nothing I could do but tap dance, stall, and repeat hollow command messages." She is in a continual psychological battle between telling the truth and loyalty to the mission ("Even when my emotions ran counter to the tasks of my job, duty always won out"). She continues: "A new kind of fear stalked me too. Maybe I was not only not changing the world for the better; maybe I was actually making it worse. What if my IO messages, radio broadcasts, and media talking points—all promoting support for the war, the American military, and the Afghan government— what if those messages sent ripples. And

what if, on either side, people got caught in those ripples. And what if people died. My job isn't life or death, I'd always told myself. But what if it was?" As the chapter ends, though, she cannot bring herself to tell the truth, writing "I still wanted to be a good officer."

On March 2, 2010, replacements arrive at Gardez, she departs a week or so later, and after nine months in country arrives in Tampa, and 18 years from her mother's deployment reunion she re-unites with her family. Hovering in the background, though, is a sense of alienation. She writes that the first two weeks back, before returning to PA at Hurlburt, were "a period of numbness . . . driving aimlessly around town . . . my brain lingered in Afghanistan." She is caught between two worlds and unable to reconcile either. She is hit hard by the deaths of friends, two by car accident in Scotland and two by a plane crash in Afghanistan. While earlier she was able to emotionally distance herself from death, she is now haunted by the faces of the dead: "Now, faces swam like holograms across my vision. Ben, Amanda, the seven CIA agents, the pregnant Afghan woman, the seventeen Fallen Comrades of Paktia Province."

She takes a short trip to Seattle as a "lifeline" but receives orders to South Korea. She faces a dilemma: report, or decline the orders and finish her military career. She chooses the latter, and "would be a civilian by Christmas." She also learns that U.S. forces were responsible for the deaths in the Gardez raid. This information, among other factors, begins her downward spiral into depression, excessive drinking, and PTSD. When she returns to Florida she decides to get help. The counseling seems pro forma and she does not immediately return for a second session, although the counselor does recommend that Johnson talk with her parents about her experience. Her "confessions" are the first step in regaining control of her life and stripping off the camouflage: "Talking to my parents was a catalyst for a conversation that would go on for years

to come: an open discussion with my mom and often my dad, sometimes my siblings and grandparents, about our wars: how they'd affected us, all the ways they were different, and all the surprising ways they were the same." She also realizes that "War, I was starting to understand, was part of my inheritance too." Another step she takes is to pursue an MFA in Creative Writing from Emerson College in Boston. Her writing has appeared in a number of newspapers, magazines, and journals, and in the anthologies *Retire the Colors*, *The Road Ahead*, and *It's My Country Too*.

In her Epilogue dated August, 2021, she writes of the traces that PTSD left on her: "In many ways, my brain has spent the eleven years since my deployment withdrawing from Afghanistan." She adds: "Still, the military always bubbled under the surface." This included a dysfunction marriage to an Army veteran. It takes her five years to get her "bearings."

As the book ends the "bearings" seem to have held: she is remarried and has two-month old twin daughters. But images of Afghanistan still cast a shadow. The year she became a mother was the year of the withdrawal. Reflecting on her daughters she recalls photos of Afghan children being handed over from their families for evacuation. She writes, "I try to wrap my head around the kind of desperation that would lead a parent to surrender a baby." She wonders if her life took a different turn would she be standing on the tarmac of the Kabul airport; perhaps she would be interviewing heroic Marines and writing uplifting press releases. She wonders if she could, or should, dissuade her daughters from following in her military footsteps, and she wonders further about the young Afghan girl she met eleven years ago, and her musings speak to the unreconciled questions raised by "the mission": "She must be a young woman now, likely with children of her own. I hope she experienced a glimpse of the brighter future we promised. I worry she is among those seeking refuge, and that she may not find it." Have the promises, and the hopes, been fulfilled?

There is no way to tell. But there is a lasting truism: wars are never over.

In 1939 Vera Brittain, in her notes to “Introduction to War Diaries,” ponders her World War 1 experiences as a nurse and how those experiences affected her post-war sense of self. She writes: “For myself to-day I feel sorrow no more; my grief is for those I have known & loved who were cut off before their time by the crass errors of human stupidity. I can only give thanks to whatever power directs the seemingly unjust and haphazard course of human existence that I have survived the sad little ghost of 1917 sufficiently long to know that the blackest night – though it never ceases to cast its shadows – may still change, for long intervals of time, to the full sunlight of the golden day” (16). Over eighty years later Lauren Johnson echoes this sentiment in “War and Peace of Mind,” one of the final chapters in *The Fine Art Of Camouflage*: “In the eerie quiet, I thought about the ripples I sent in my IO job, imagining them joining with other ripples sent by other naïve soldiers and aid workers, feeding a tsunami that swept across the country, swallowing people like Ben and the seven CIA agents and the pregnant Afghan woman. I couldn’t close my eyes without seeing their faces, or conjuring other nameless faces yet to be swept away.” Yet she also speaks, if not of Brittain’s “full sunlight of the golden day,” of a dawn that can dispel the darkness of Afghanistan, depression, and PTSD.

[The Fine Art of Camouflage by Lauren Kay Johnson, Liberty, NC: Milspeak Foundation, 2023.](#)

Website: <https://laurenkayjohnson.com/>

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# Lauren Johnson Interviews Amy Waldman, Author of 'A Door in the Earth'

*Amy Waldman's novel, A Door in the Earth, follows Parveen, a young Afghan-American woman who returns to her war-torn homeland after discovering a memoir by humanitarian Gideon Crane. Parveen is not the only American influenced by the book; Mother Afghanistan has become a bible for American counterinsurgency operations in the country. If part of that story rings familiar, it is: The book-within-a-book was inspired by Three Cups of Tea, Greg Mortenson's 2006 memoir of building schools in Afghanistan and Pakistan, which was later revealed to be largely fabricated.*

*I was one of the legions of soldiers who read and fell head over steel-toed boots for Mortenson's story. Like Waldman's protagonist, I ultimately found myself in a remote corner of Afghanistan in 2009. As a military information operations officer, I was charged with "winning hearts and minds"—an instrument of the "kind power" advocated by Gideon Crane. I didn't share Parveen's Afghan heritage, but I see my younger self in her idealism and naivety. I feel the crushing blow when expectations and reality clash.*

*I relate these parallels to Waldman before our interview, and she begins by asking me questions about my experience—curiosity cultivated through a career in journalism, but also desire to learn, to investigate, to understand. Waldman's first novel, The Submission, explores the aftereffects of 9/11 on American soil, imagining what might happen if a Muslim-American wins a blind competition to*

*design a Ground Zero Memorial. A Door in the Earth is her second novel.*

**Lauren Johnson:** You worked as a reporter for a number of years with the *New York Times* and covered both ground zero in the aftermath of 9/11 as well as the war overseas for a few years. I'd love to hear you talk a little about what led you to pursue journalism to begin with and how your experiences reporting after 9/11 shaped your perspective as a writer.

**Amy Waldman:** I finished college and didn't quite know what I wanted to do. I was interested in writing, film, but it was all fairly vague. And then I ended up moving to South Africa a year after graduation. First, I was volunteering there in a university—teaching and helping in other ways, and then I began doing some freelance reporting. It was 1992, 1993, so apartheid was ending. It was a very exciting time in the country's history, and so partly I felt like being a reporter gave me a way to go witness all of this, gave me a reason to be going to rallies and protests. I have a strong interest in social justice, so it was a way to write about things I cared about. I sort of felt like I backed into journalism a little bit. But then felt like, *Okay, this is what I want to do.*

I came back from South Africa, worked at the magazine *Washington Monthly*, then went to the *New York Times* and spent five years writing about New York City. And then 9/11. I was in New York for about six weeks afterward covering the aftermath and then was sent overseas . . . I ended up in Afghanistan in November 2001, then went back repeatedly over the next few years. It was, obviously, a much more peaceful time there. There was a lot more freedom of movement. I went to Helmand and places that within a few years it was much more dangerous to go to. So I had, I think, a very personal, visceral sense of what was happening with the war because I had seen this window of optimism and openness, and then watched it closing.

I was actually briefly sent to Iraq after the invasion. And I think that was really informative for me, too—in registering all the ways that diverted resources and attention from Afghanistan, but also the sense of an occupation was much more palpable there. I think Afghanistan did have this identity much more as the ‘good war,’ and our reasons for being there were clearer. And yet, it helped me see certain parallels between Iraq and Afghanistan and our presence in both places. Also just watching things start to sour. In Iraq I felt them start to sour very quickly. I was there maybe two months at the most, and within that time I saw the change. Afghanistan, it was much slower – the disillusionment that built, among Afghans, but also my sense is even within the military, and for reporters as well. Even once I left the region I followed really closely what was happening with the war and our presence there and just felt very confused by it. I guess it’s the simplest way to put it. You know, more and more this sense that there was—and frankly is—no good solution to this, and that we hadn’t thought through where this was going.

I think that’s a very long way of saying that all of my post-9/11 experience fed into the first novel I wrote. *The Submission* is much more about America and how 9/11 changed us at home. I’m interested in, even in fiction, moral questions and the choices we have to make both as a society and individuals about how to answer these moral questions. The first novel came out of reporting in America and reporting abroad and the ideas of: What did we want to be as a country in the wake of 9/11? What were our values? What should change? What should stay the same? And then for individuals, how did your personal, political, psychological history weigh into how you answer these questions?

I really loved Afghanistan as a country. I always loved going there. I loved the people that I met and people that I worked with. I was good friends with a lot of our interpreters there. I felt anguish about what I saw happening. [*A Door in the*

*Earth*] is, in a way, another chapter of what I had started with the first novel: who we are at home. Afghanistan was where I wanted to try to understand who and what we are abroad.

I also felt like 9/11 created this whole new set of tropes and ideas and conditions about who we imagined ourselves to be. *Three Cups of Tea* I think was so popular because it fit into that idea of who we think we are. I was interested in idealism, even going back to when I went to South Africa as a young person. I kind of love that impulse in Americans, to want to go and help abroad. But I also think as I've gotten older I question it more and see it as much more complicated, and I don't have as clear a sense of how to think about it. Fiction for me is a good place to work out things that I don't know the answers to, or don't exactly know how to think about. So that all fed into this novel. That was a very long answer.

**Lauren Johnson:** I appreciate long answers because these are challenging things to think about, and I don't think there is an easy answer a lot of times. I heard that for *The Submission* the idea kind of lodged itself in your brain, and you had initially shelved it while you were working as a journalist. Then it wouldn't stop gnawing at you so you decided to listen to it, and you stopped working for the *Times* and wrote the novel. Was the seed for *A Door in the Earth* similar to that? Was it an obsession, for lack of better words?

**Amy Waldman:** Yeah, it actually was. I had not read *Three Cups of Tea*, and then Jon Krakauer published *Three Cups of Deceit* and 60 Minutes did its report, and I became completely obsessed with the entire thing. So I read *Three Cups of Tea* at that point. I wasn't even that interested in [Greg Mortenson] as a person or what his motivations were, I was more interested in why did so many people buy into this myth? What did that say about us? I felt like it got at something pretty deep, both in who we are as Americans, but also in the War on Terror, the war in Afghanistan. I couldn't easily articulate

what that was, but I felt like it really went to the heart of something there. And then I also was really interested in what would it feel like to believe in this cause or this person and then find out that in all kinds of ways, it wasn't what you thought it had been.

I spent a lot of time online reading reactions from people after *Three Cups of Tea* was exposed. I was interested in the people who were really angry at Krakauer for exposing him—this idea that we need heroes, and it's wrong to tear them down, even if they're false heroes. But then I would find, say, a 14 year old girl who would be like, '*I'm crushed, because I really believed in this and raised money for this.*' What would that feel like to be that young and having this experience? I was trying to make sense of why was it so popular, why did the military latch on to it, and then what would it feel like to find out that basically you've hitched your idealism—which is a genuine feeling—to something that's false. I kept meeting people who said, '*Oh, I went into education because of that book,*' or '*My brother went to help in Pakistan because of that book.*' So, if something's not true but it's motivating people to help, that's really interesting as well. So anyway, it just seemed very messy and interesting. I usually feel like when I become obsessed with something, that's fertile territory for a novel.

**Lauren Johnson:** And why did you choose 2009 as a time frame in particular?

**Amy Waldman:** Initially, I think I didn't have the novel set in any particular year. When I'm writing fiction I'm always torn, especially the kind of fiction I do—at least everything I've done so far—which is so obviously spun off reality in some way. I'm always torn about how specific do I want to get? In *The Submission*, I don't say it's 9/11. I left it vague in terms of what the attack in question was. I never use the term 9/11 or September 11 anywhere in the book, because I felt like it just takes you out of a fictional world into one that

immediately you're thinking about all your associations and experiences with 9/11.

In this case, the more I thought about it and started looking at different points in the war, I just felt like it actually does matter to be specific. That year was so interesting to me, for all the reasons I weave into the novel: everything from Obama becoming president and rethinking the whole Afghanistan strategy, to the number of casualties of American soldiers rising, to growing public disenchantment at home. . . It really just felt like that was a pivotal year in the war. And so it seems a good pivot point to set the story when all of this is going on.

**Lauren Johnson:** And it's definitely rooted in reality. You mentioned a lot of things that took place that year, including the airstrike in Farah that led to massive civilian casualties, and the attack in Kunduz in November where the British reporter was kidnapped. I appreciated all those little reminders. And I think someone who maybe didn't have an obsession with that region in 2009-2010 would still pick up on those elements, that it feels very grounded.

**Amy Waldman:** Yes, but I think, equally though, someone who didn't know anything—in a way it wouldn't matter. It's almost like I'm speaking to you as a reader in one way and another reader in another way. I'm putting all those things in; to me, it's exciting that you would get them and register them and their significance. But equally, I know there's a lot of readers who will not have paid any attention to any of those things. I kind of like tucking in reality into fiction. I like that people who get it will get it. But I also feel like, if you don't, that's fine, too. It doesn't matter if you never read the news about Afghanistan, I want it to affect you emotionally. Maybe there's a way putting it in fiction will do that, even if you turn off the news.

**Lauren Johnson:** Yeah, absolutely. It grounds it but also has

those emotional reverberations, and I think particularly the way that you approach it from a new perspective. That's one of the things that I really appreciate about the book as a whole is all the different perspectives. You're not looking at this from the traditional whitewashed American lens that most people are used to viewing war through. You weave in all these different points of view against the backdrop of war that captures a fuller spectrum. There's Parveen—and I would love to hear more about your choice to make her your protagonist—and then all the colorful characters she interacts with along the way.

**Amy Waldman:** Originally there was going to be, I think, five different sections, and each would have a different central character. Aziz, the [military] interpreter, and Trotter [the American military commander] were going to have one section, and [Parveen] was going to have another section. But when I started working on it, it just didn't work. And so I ended up kind of folding everything into her story. And it really to me became about her story, but braided together with all these other people. I wanted someone young, because I feel like that is a point when you are more open to influences, and partly it's a novel about her wrestling with all these adult figures and mentors and influences, and kind of coming to terms with them.

The idea of a young American going abroad is a very familiar story and has been done in fiction. I decided to make her Afghan-American, partly because I wanted her to have some understanding of the culture and speak the language. I feel like every American in some way has a place that they are connected to—it can be very immediate, it can be very distant—and they're sort of these ghost places for us where you imagine a strong connection. And then what happens when that's tested and you have to come face to face with real people? Also, I'm always very interested in people who are kind of caught in between. With her and Aziz, I felt like they

were both in that situation. The question of allegiances: even if that's clear in your own mind, how do other people perceive you?

**Lauren Johnson:** You cover a really impressive spectrum. With Parveen herself, with the family she's staying with, Waheed's family, who are mostly just trying to exist and live their lives in this remote Afghan village, and then Colonel Trotter and these American soldiers who are also inspired by Gideon Crane's book and the "kind power" notion. And I'm glad you mentioned Aziz, I think he was my favorite character.

**Amy Waldman:** Oh, that makes me happy!

**Lauren Johnson:** I think interpreters don't get a lot of attention for the precarious position that they're in, straddling these different worlds and competing agendas. I really appreciated that perspective. But again, it's how you weave everyone all together. Parveen observes at one point that her "sympathies kept tilting back and forth, never finding a perfect place to rest." I have to say, that's how I felt throughout the book, not really comfortable aligning myself 100% with any character. And I think that's in large part because of all these different perspectives that you invite us to consider. Would you say that one of your messages is that there *is* no comfortable place to rest in war?

**Amy Waldman:** Yes. Although I'd maybe say there's no comfortable place to rest in life!

**Lauren Johnson:** That's a fair edit!

**Amy Waldman:** But yes, I think that's true. When I was younger I was very certain about a lot of things, and I think I've become less and less so, which is often frustrating. There are things—and I could go on at great length—where I have a very strong sense of what's right and what's wrong, including in war. I mean, there's a lot happening right now in Afghanistan that I think is egregiously wrong. But that feeling you have

is exactly what I wanted. That certainly in that situation there's nobody's saintly or perfect, whether that's because they're trying to survive or that's human nature. There shouldn't be a comfortable place to rest. Certainly in war.

**Lauren Johnson:** I grew up in the era of chick flicks where in 90 minutes someone falls in love and lives happily ever after; it's just this clean-cut story line. As I've gotten older I realized that's not the case, basically ever. And that's part of coming of age. To me, a lot of Parveen's experience read like a coming of age story also.

**Amy Waldman:** Yes.

**Lauren Johnson:** She's confronted with the fact that life isn't black and white, that there are shades of gray everywhere, and it's uncomfortable. Your decisions have ripple effects, and even if you're making them with good intentions, you can't count on them having positive outcomes.

**Amy Waldman:** The more I worked on this novel, that idea became something I thought about more and more. Just what do our actions do? In the name of whatever cause you believe in, how do you affect other people? That's the beauty of being alive—how interconnected we all are—but also it's very hard to live without having repercussions in the lives of others, whether you want to or not. And the gap between our ideas of ourselves in the world and our realities in the world interests me too. How do you ever stand far enough outside yourself to even see how you affect others?

**Lauren Johnson:** Having not been back to the country in so long, you render the landscape so strikingly. And you also invite readers into this very intimate setting of an Afghan home, which is mostly closed off to us here in the West. I would love to hear more about how you were able to capture the spaces and characters authentically.

**Amy Waldman:** The landscape there made such an impression on

me. Some of that just stayed with me, and then I certainly drew on the reporting I had done when I was there. There's little lines and things people said to me when I was a reporter that I probably wove into the book or gave me the seed for an idea. So I had that base for having spent time there, but it was very difficult not being able to—or, I should say, deciding not to—go back and research. Instagram I love for the visual reminders it provides, and there's so many photographers doing great work there. I read a lot of books, including *Afghan Post* [by Wrath-Bearing Tree co-editor Adrian Bonenberger]. There are quite a few documentaries that I watched, and I also did a lot of research on maternal mortality. I read [military blogs] for more logistical detail. Anthropology—there's not so much that's super recent just because of conditions, but there's enough to be really helpful. There's a lot out there. But it's not the same as going back.

**Lauren Johnson:** I'm glad you mentioned maternal mortality. Could you talk about why you chose to focus on that as one of the central issues? [Crane, the humanitarian, witnesses an Afghan woman's death in childbirth, and in response decides to build a clinic for women in her village]

**Amy Waldman:** Yes. So once I came up with the idea that, in a way, it's a book about a book—the influence of this memoir—I was trying to think, who is this person who wrote it? What was he doing in this village? I don't remember exactly what the spark was for that, but as soon as I thought about it, it totally made sense. I mean, maternal mortality is a huge issue in Afghanistan, and it also was a way to get at one of the complicated things about this war, which is the whole issue of women. Are we there to save them or protect them? Is that a true reason or a pretext? And also the contradictions embedded in that—for example the way we've mostly allowed women to be left out of the peace process.

And so I wanted to see how those contradictions in America's

relationship to women in Afghanistan would play out in the story I'd invented. What is PR and what is a legitimate desire to help? What is our obligation? I felt like it was a way for [Parveen] to connect with women in the village as well. And then all the complexities around—and again this came out of my reporting, some of it at least—who can treat women, medically, and how does that work? So, it just seemed like the issue to build the novel around.

**Lauren Johnson:** And one of the other ways that Parveen ends up connecting with the women in the village is in reading them Crane's book, which is such an interesting layer. She quickly realizes that events and descriptions in the book don't line up with the reality of the people who were living it. Aside from that, the moments in those scenes where we get to see the women interacting away from the men and their daily routines was a really powerful image. They take their burqas off and they're teasing each other, and harping on their husbands, talking about sex; just women being women. I think that's an important element, too, that gets lost in the politicized discussions of war: just people being people and the connective power of that.

**Amy Waldman:** I definitely wanted to have that. I would say the war was the thing that propelled the novel into existence, and yet I didn't want it only to be about that. And I did feel strongly that all the reasons I really loved Afghanistan, I wanted to try to get some of that across. And, you know, people everywhere are just funny and saucy and smart. Someone once said to me that it's much easier to focus on the differences with people in other cultures than it is the similarities. That was probably in the context of being a reporter, but I think it's true in fiction too, that it's very easy to exoticize everything that's different or extreme in another culture. But the truer portrait is capturing at least some of ways that people are quite similar anywhere: their friendships, their relationships, their desires—all of that.

**Lauren Johnson:** Were any of the moments that occur in the book echoes of experiences you had in Afghanistan?

**Amy Waldman:** Good question. Funny, at this point it's so hard to even sort everything out. There are things that were not experiences, but were taken from the news. [One incident, removed to avoid spoilers] is based on this tiny, one paragraph news item that I found years ago . . . that's always really haunted me. Frankly, the Konduz incident—the translator who died was someone I was really close to and had worked with, so that never went away for me. I had very strong feelings about it and wanted it not forgotten. And then there would just be little things. Like when Waheed says to Parveen, “You know, I wish my wives could do what you do.” When I was in a Pashtun area reporting, this man said that to me: “I wish my wife could do what you do.” I just never expected to hear that there.

There are little things that in one way or another either are my experience or things I read. [I read a paper] about the relationship between Israel and the Palestinians, the psychology of an occupation, and that fed into my thinking: this idea of, is an old man just an old man or is he dangerous? What does it mean to be an occupying power? As the fear increases, how do you start to interact with the population? I feel like that's a central tension of our presence there: Supposedly trying to help and win hearts and minds, and yet we're also terrified and have no idea who to trust. How do those things coexist with each other?

**Lauren Johnson:** I actually wrote down a line where Parveen wonders: “What did it mean to offer help to people you don't trust?”

**Amy Waldman:** Exactly.

**Lauren Johnson:** That was certainly something on my mind when I was there, and I'm sure many of my compatriots as well. That

really complicated mixture of the inherent power that comes with being an American military member, but also the vulnerability that comes with it, and just the pervasive lack of knowledge and understanding, and then the rules that are being dictated by people who aren't actually on the ground—and you captured that web in really kind of an appropriately discombobulating way.

**Amy Waldman:** That's interesting, that idea that you are not making the rules. And also that, in this novel, and it seemed to me there, like the rules were always changing.

**Lauren Johnson:** Yeah, absolutely.

**Amy Waldman:** I think for most Americans and Afghans that's incredibly confusing. Because there's no consistent relationship. And even as a soldier, you're still a human being, and you're told one day to perceive the people in this place a certain way, and the next day you're told to perceive them in a different way. How are you supposed to reconcile that internally as well as externally in your actions and your reactions?

**Lauren Johnson:** Right. And how are you supposed to inspire trust in an interaction when you're going in with body armor and two weapons and ballistic sunglasses and fourteen ton vehicles? So many paradoxes inherent in war.

**Amy Waldman:** Yes, paradox is the word.

**Lauren Johnson:** The fact that this war has now been going on for 18 years, I think it's fitting that this is not a book that wraps up neatly at the end. Parveen has this great line that it is "a war shaggy with loose ends." Which does not satisfy my idealistic American desire for happy ending, but it's also very appropriate. Was that a conscious decision?

**Amy Waldman:** Yes. It was hard for me to imagine a happy ending, to be honest. I think this is a very slow moving, epic

tragedy and it's gotten so much worse—for Afghans, in particular, in the past few years. I just felt like the most honest ending was one that was unresolved . . . It's more just, we have to think about these things. We can't just be congratulating ourselves all the time on being the saviors of the world. Not that we really are any more. In some ways I feel like I'm writing about history more than the present.

[I also want to] touch on the role anger, for lack of a better word, played in the writing of *A Door in the Earth*. So many things about the war that were treated as normal—the lies or withholding of information; the false rhetoric about success or victory in the war; the sending of soldiers on missions or to outposts that made no sense or seemed destined to fail; the loss of life on both sides, of both soldiers and civilians, and the lack of questioning whether those deaths, or lifelong injuries, were a cost worth paying—seemed wrong to me, and the novel was a way to work through that. I think one problem with the civilian-military divide is that civilians don't think they have the right to ask these kinds of questions, because we're not serving, when for me that's the reason we're obligated to ask them.

**Lauren Johnson:** These two novels, it seems, very organically fed into each other. Do you think you'll stay in that zone, about the aftereffects of 9/11? Or is that still to be determined?

**Amy Waldman:** I think it's to be determined. I mean, sometimes I think there must be a trilogy. It seems like these things always come in threes, but I don't know what the third one would be. And I definitely don't want to force it. Both these books really just came out of, as we talked about, kind of obsessions. And so, I feel like if I don't have another obsession, I will not write another novel along those lines. I might write another novel, but it would be totally different. And yet, I clearly am consumed by post-9/11 America and the War on Terror. And since it never seems to end, I guess

eventually there may be another novel. But I would rather it all ended and then I could write about something else.

**Lauren Johnson:** Do you ever see yourself going back to journalism?

**Amy Waldman:** I don't think I would go back to the kind of journalism I was doing. I could see doing more essay writing. I keep thinking about how to write about what's going on now . . . The Afghan deaths, both soldiers and civilians, and the numbers—how extreme that has become. And also the number of airstrikes the US is now carrying out there, and how little information there is about that—I think that's what's really disturbing, that it almost becoming this secret war where we just have very little sense of what's going on and who's doing what. But I don't want to write a novel about that. It would be more an essay or op-ed. So that's a long way of saying I don't know.

**Lauren Johnson:** Well you can be sure that I will be reading everything you ever write from now on.